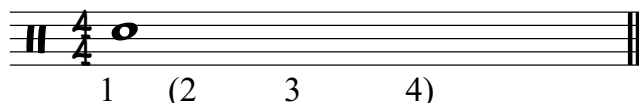


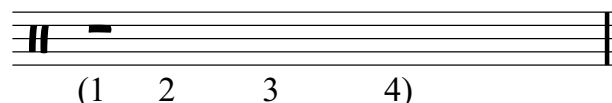
# Notes and Rests:

## *Appearance, Names and Counts*

Whole Note: (*Semibreve*)



Whole Note Rest:



Half Notes: (*Minim*)



Half Note Rests:



Quarter Notes: (*Crotchet*)



Quarter Note Rests:



Eighth Notes: (*Quaver*)



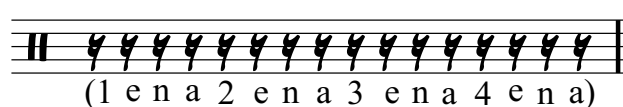
Eighth Note Rests:



Sixteenth Notes: (*Semi-quaver*)



Sixteenth Note Rests:



**Memorise the following Counting System.**



There are **3-things** on this page that you really need to **quickly familiarise yourself with:**

1. **Appearances:** get use to what the different '*Notes*' and '*Rests*' look like. I suggest drawing or tracing them onto a piece of paper or manuscript paper.
2. **Names:** Notice that this book uses the *North American nomenclature* because it is easier to understand. Think of one '**whole**' pizza being chopped into '**halves**', then '**quarters**', '**eighths**', '**sixteenths**', and so on. Each time the slices get smaller. Replace 'smaller' with 'faster' and you have your note values too.
3. **Counts:** Get use to saying this counting system first. As the saying goes; "*if you can sing it, you can play it.*" This counting system is an essential way to internalise the basic fundamental of musical rhythm. Memorise this counting system first before playing.